

**2019 International ACAC 5k****Wednesday July 10 @ Gibbons Park**

2019-07-10

7/10/19 - 7/10/19

**hosted by Western University, London, ON****Event # 1 MIXED 5K Run**

START @ 7:10am

Conditions: calm, 18°C

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
<b>OVERALL</b>							
1	Alan Davidson	M 33	182	KenSAP Inc	3:45.8	6:03.3	18:49
2	Jeremy Matula	M 32	217	Duolingo	3:48.0	6:06.9	19:00
3	Benjamin Dickensheets	M 26	208	Tujenge Africa Found	3:52.4	6:14.0	19:22
4	Adam Parker	M 30	194	Univ. of Iowa	4:03.2	6:31.3	20:16
5	Nathan Mack	M 31	82	USC USA	4:08.8	6:40.4	20:44
6	Michael Munshaw	M 36	195	Upper Canada College	4:11.6	6:44.9	20:58
7	Aaron Andersen	M 41	172	U. British Columbia	4:14.2	6:49.0	21:11
8	Alex Tom	M 25	221	Marist College	4:14.8	6:50.0	21:14
9	Eric Deschamps	M 40	26	Northern Arizona U.	4:14.8	6:50.0	21:14
10	Gareth Jones	M 43	61	Douglas College CAN	4:19.2	6:57.1	21:36
11	Logan Dawson	M 28	23	U.P.E.I. CAN	4:19.8	6:58.1	21:39
12	Shawn Moore	M 32	93	Bard College USA	4:20.2	6:58.7	21:41
13	Terry Crawford	M 46	166	InitialView	4:20.4	6:59.0	21:42
14	Adam Wu	M 39	138	U. of La Verne USA	4:21.2	7:00.3	21:46
15	Joe Tavares	M 35	130	JakartaItcult IND	4:25.2	7:06.7	22:06
16	Dean Mendes	M 59	92	Skidmore College USA	4:27.8	7:10.9	22:19
17	Iain Harris	M 38	237	Northumbria Universi	4:28.2	7:11.6	22:21
18	Jorge Braham	M 24	13	Saint Leo U. USA	4:37.0	7:25.7	23:05
19	Alessandro Recchia	M 27	109	Washington I.S. USA	4:39.8	7:30.2	23:19
20	Loutfi Jirari	M 44	60	DePauw U. USA	4:40.8	7:31.9	23:24
21	Joe Giacalone	M 37	177	Marist College	4:41.4	7:32.8	23:27
22	Craig Brown	M 41	14	Shawnigan Lake S CAN	4:41.6	7:33.1	23:28
23	Margarita Servera	F 39	122	ToulouseBusiness ESP	4:42.8	7:35.1	23:34
24	Mary Hafner	F 29	224	Rift Valley Academy	4:43.0	7:35.4	23:35
25	Patrick Desbarats	M 50	25	UWC Changshu CHN	4:43.2	7:35.7	23:36
26	Elisha Anderson	M 43	167	UWC Changshu China	4:46.6	7:41.2	23:53
27	Megan Latta	F 27	223	Claremont McKenna C.	4:47.6	7:42.8	23:58
28	Katrina Edmunds	F 42	31	Institut LeRosey CHE	4:54.2	7:53.4	24:31
29	Nicholas Rowland	M 33	114	U. Edinburgh GBR	4:54.6	7:54.1	24:33
30	Henry Chambers	M 28	18	Middle Tennessee USA	4:58.0	7:59.5	24:50
31	Reed Hepburn	M 29	53	Indiana U. USA	4:58.2	7:59.9	24:51
32	Stephen Lanier	M 54	149	Univ. of Tulsa	4:58.6	8:00.5	24:53
33	Jorge Delgado	M 31	24	Brandeis U. USA	5:00.2	8:03.1	25:01
34	Michael Cameron	M 37	174	Rhode Island S. of D	5:06.6	8:13.4	25:33
35	Clay Hensley	M 47	52	TheCollegeBoard USA	5:07.0	8:14.0	25:35
36	Jim Bastiaans	M 33	227	Erasmus University C	5:08.2	8:15.9	25:41
37	Katia Duszenko	F 27	155	U. Nebraska-Lincoln	5:15.4	8:27.5	26:17
38	Brendan Graham	M 33	46	Northeastern U. USA	5:16.2	8:28.8	26:21
39	Wissem Bennani	M 42	150	San Mateo CC USA	5:17.8	8:31.4	26:29
40	Greg Birk	M 64	12	A.S. Switzerland	5:18.2	8:32.0	26:31
41	Jessica Schulman	F 29	119	Brandeis U. USA	5:20.2	8:35.3	26:41
42	Nathan Crowne	M 34	203	Temple Univ. Japan	5:21.8	8:37.8	26:49

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	<b>Name</b>	<b>Age</b>	<b>Bib</b>	<b>Team</b>	<b>Avg per K</b>	<b>Avg per MI</b>	<b>Time</b>
43	Andrew Evans	M 37	202	Temple Univ. Japan	5:23.8	8:41.1	26:59
44	Robbie Jefferiss	M 41	59	UWC Changshu CHN	5:25.4	8:43.6	27:07
45	Thomas Sayers	M 22	116	Saint Leo U. USA	5:30.0	8:51.0	27:30
46	Celeste Giordani	F 24	210	Boise State Universi	5:32.2	8:54.6	27:41
47	Parris Hemphill	M 30	153	Ristumeikan Asia Pac	5:37.2	9:02.6	28:06
48	Daniel Marschner	M 40	86	LoyolaMarymount USA	5:38.0	9:03.9	28:10
49	Seth Walker	M 38	135	Indiana U. USA	5:38.6	9:04.9	28:13
50	Kelsey Howard	F 31	57	DePaul U. USA	5:43.6	9:12.9	28:38
51	James Quill	M 37	105	Wabash College USA	5:43.8	9:13.2	28:39
52	Jack Muir	M 45	95	Liceo Intrnl' ECU	5:46.0	9:16.8	28:50
53	Gum Ju Addington	F 37	2	Busan Intrnl' PRK	5:46.6	9:17.7	28:53
54	Ryan Sullivan	M 42	179	New Brunswick CC	5:46.8	9:18.1	28:54
55	Isthier Chaudhury	M 29	169	U. Rochester USA	5:47.8	9:19.7	28:59
56	Nicole Buenzli	F 44	15	Union College USA	5:48.2	9:20.3	29:01
57	Annie Sullivan	F 30	129	Mount Holyoke USA	5:48.2	9:20.3	29:01
58	Matt Stiegemeier	M 44	128	Concordia U. CAN	5:48.2	9:20.3	29:01
59	Clara Hoff	F 23	211	Univ. of Virginia	5:48.4	9:20.6	29:02
60	Laura Poce	F 47	103	C. Support Intl' ARE	5:51.4	9:25.5	29:17
61	Wendy Chang	F 48	19	Avenues New York	5:52.8	9:27.7	29:24
62	Patience Fanella-Koch	F 40	35	Aiglon College CHE	5:53.6	9:29.0	29:28
63	Liam McCartney	M 30	89	Boston U. USA	5:56.0	9:32.9	29:40
64	Junita Sockalingam	F 32	124	Hwa Chong Inst. SGP	5:56.8	9:34.2	29:44
65	Elizabeth Meier	F 33	91	Affiliated S. Peking	5:57.2	9:34.8	29:46
66	Justine Hale	F 49	51	Cheltenham Ladies' C	5:57.6	9:35.5	29:48
67	Elizabeth Lohrenz	F 28	77	UM Mankato USA	5:59.2	9:38.0	29:56
68	Alison Herget	F 36	54	Villanova U. USA	6:01.6	9:41.9	30:08
69	Sarah Beland	F 49	11	LearningUnlimitd ANT	6:04.0	9:45.8	30:20
70	Eric Franke	M 32	40	MacEwan U. CAN	6:04.4	9:46.4	30:22
71	Kirsten Pantazes	F 31	102	U Pennsylvania USA	6:05.4	9:48.0	30:27
72	Abdul Oladipo	M 41	100	Beijing W.Y.A. CHN	6:07.2	9:50.9	30:36
73	Sammy Jamal	M 38	219	International School	6:07.8	9:51.9	30:39
74	Scott Loeffler	M 41	236	Frankfurt Internatio	6:11.0	9:57.0	30:55
75	Kate Spencer Ellis	F 40	125	Forest School GBR	6:13.2	10:00.6	31:06
76	Jonathan Mellan	M 43	206	Yew Chung I.S. Beiji	6:18.0	10:08.3	31:30
77	Christopher Vickers	M 36	133	Dalhousie U. CAN	6:19.8	10:11.2	31:39
78	Ganesh Kempaiah	M 44	63	Canadian I.S. IND	6:20.4	10:12.1	31:42
79	Alana Green	F 35	47	Mount Allison U. CAN	6:25.0	10:19.5	32:05
80	Grace Lloyd	F 25	75	Grinnell College USA	6:31.6	10:30.2	32:38
81	Elena Petrova	F 39	204	EIC Escuela Intrnl d	6:34.0	10:34.0	32:50
82	Sterling Yates	M 41	233	University of St And	6:34.4	10:34.7	32:52
83	Arveen Ram Sri Ram	M 35	126	Hwa Chong Inst. SGP	6:34.8	10:35.3	32:54
84	Mirye Kim	F 40	216	Bodewell High School	6:37.8	10:40.1	33:09
85	Daniela Alava	F 30	3	Colegio Einstein ECU	6:38.6	10:41.4	33:13
86	Vicky Liu	F 35	73	U. Waterloo CAN	6:38.8	10:41.8	33:14
87	Emma Sletteland	F 26	148	U. Colorado Denver	6:39.0	10:42.1	33:15
88	Birgit Preu	F 49	104	I.S. Hamburg DEU	6:39.2	10:42.4	33:16

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89	Nicole Riberio	F 33	170	Colegio Planck Brazi	6:40.6	10:44.7	33:23
90	Victoria Risling	F 29	112	MacEwan U. CAN	6:42.4	10:47.6	33:32
91	Christine Swanson	F 27	220	Tsinghua University	6:42.6	10:47.9	33:33
92	Mark Beland	M 56	10	LearningUnlimitd ANT	6:48.0	10:56.6	34:00
93	Pearl Lau	F 33	215	Bodewell High School	6:48.2	10:56.9	34:01
94	Andrew Stephens	M 31	127	Hillsborough CC USA	6:48.6	10:57.5	34:03
95	Alexandra Feinson	F 30	36	UWC Changshu CHN	6:48.8	10:57.8	34:04
96	Mandi Haines	F 53	49	Muhlenberg C. USA	6:50.0	10:59.8	34:10
97	Adrienne Ramsey	F 41	107	Babson College USA	6:50.6	11:00.7	34:13
98	Annie Kim Podlubny	F 44	65	Escola Eleva BRA	6:50.8	11:01.1	34:14
99	Karen Nascimento	F 34	198	FPP EDU Media	6:50.8	11:01.1	34:14
100	Ilaria Bossi	F 31	196	U. Cattolica del Sac	6:53.2	11:04.9	34:26
101	Sara Lofstrom	F 35	76	I.S. Dhaka BGD	6:54.2	11:06.5	34:31
102	Allison Davis	F 40	225	American School of B	6:54.2	11:06.5	34:31
103	Carina Bravo Plancarte	F 37	228	Rotterdam School of	7:01.4	11:18.1	35:07
104	Nancy Fillion	F 48	37	Jerudong I.S. BRN	7:01.4	11:18.1	35:07
105	Tina MacDonald	F 35	81	College Charleston	7:01.4	11:18.1	35:07
106	Kaileigh Kosicki	F 28	188	SUNY at Buffalo	7:10.0	11:32.0	35:50
107	Freda Clement-Willis	F 54	20	U. of Miami USA	7:11.6	11:34.5	35:58
108	Jo Mattingley-Nunn	F 36	88	British S. Bucharest	7:15.0	11:40.0	36:15
109	Jim Kingstone	M 63	231	St Michaels Universi	7:15.0	11:40.0	36:15
110	Nedra Brown	F 45	158	Collegiate American	7:15.8	11:41.3	36:19
111	Sarah Schmidt	F 36	118	Macalester C. USA	7:16.4	11:42.3	36:22
112	Starry Zhu	F 30	143	St. Mark's S. USA	7:16.8	11:42.9	36:24
113	Misco Mungai	F 27	238	Nova Pionia	7:18.0	11:44.8	36:30
114	Baohong Si	F 48	226	Highschool Beijing N	7:18.2	11:45.2	36:31
115	Bernie Lenoue	M 59	70	C. Support Intl' ARE	7:18.4	11:45.5	36:32
116	Jukka Valtanen	M 60	132	Turku Intrnt' FIN	7:20.2	11:48.4	36:41
117	Laura maddison	F 39	218	West Island School	7:20.2	11:48.4	36:41
118	Beth Contreras	F 44	21	Hong Kong Internl'	7:22.4	11:51.9	36:52
119	Pingchun Wu	F 36	139	Int' Bilingual S TWN	7:23.2	11:53.2	36:56
120	Jacqueline Evanko	F 41	232	UWUC South Asia Dove	7:24.2	11:54.8	37:01
121	Jodi Robinson	F 56	113	U Pennsylvania USA	7:28.4	12:01.6	37:22
122	Jake Ganymede	M 30	44	Imperial London GBR	7:30.2	12:04.5	37:31
123	Ai Yamamoto	F 35	154	Ristumeikan Asia Pac	7:30.8	12:05.4	37:34
124	Izzet Sengel	M 36	121	American School Doha	7:37.4	12:16.1	38:07
125	Olivia O'Connor	F 45	99	St. Joseph,Ãs SS IR	7:38.0	12:17.0	38:10
126	Jacqueline Estevas	F 55	205	St Peters Lutheran C	7:42.2	12:23.8	38:31
127	Pamela Joos	F 51	62	Washington I.S. USA	7:51.8	12:39.2	39:19
128	Jungrok King	F 39	165	InitialView	7:56.0	12:46.0	39:40
129	Ruth Lahnston	F 55	68	Windermere Prep USA	8:01.2	12:54.4	40:06
130	Tracy Weldon	F 48	189	YK Pao School	8:01.4	12:54.7	40:07
131	Jin Liang	M 36	151	Laurentian U. CAN	8:06.4	13:02.7	40:32
132	Erin Conley	F 39	186	James Madison U.	8:12.2	13:12.1	41:01
133	Deepa Raman	F 53	106	CollegeSource IND	8:21.4	13:26.9	41:47
134	Sue Gourlay	F 48	45	German Swiss I.S. HK	8:24.6	13:32.0	42:03

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135	Jennifer Zepparelli	F 27	142	Lipscomb U. USA	8:24.6	13:32.0	42:03
136	Oresta Felts	F 39	213	Winona State U.	8:44.2	14:03.6	43:41
137	Jennifer Bailey	F 49	6	Duke Kunshan U. CHN	9:07.6	14:41.2	45:38
138	Sarah Evans	M 31	34	Duke Kunshan U. CHN	9:09.6	14:44.4	45:48
139	Sherrie Huan	F 52	58	U. Sydney AUS	9:09.6	14:44.4	45:48
140	Debbie Luft	F 53	78	Montana Tech U. USA	9:12.6	14:49.3	46:03
141	Nicole More	F 35	222	washington and Less	9:19.2	14:59.9	46:36
142	Ruhul Amin	M 25	230	Education USA Bangla	9:23.4	15:06.7	46:57
143	Danika Nowak	F 45	98	A. School Guatemala	9:24.2	15:07.9	47:01
144	Jie Jiang	F 32	175	U. New Brunswick	9:40.2	15:33.7	48:21
145	Roberta Bin	F 30	207	Ca'Foscari U. - Veni	9:47.8	15:45.9	48:59
146	Arianna Malavasi	F 32	197	U. Cattolica del Sac	9:52.4	15:53.3	49:22
147	Barbara Chen	F 51	235	Initial View	9:52.4	15:53.3	49:22
148	Naiwen Cao	M 26	17	Affiliated S. Peking	10:05.6	16:14.6	50:28
149	Nicole Martinetti	F 28	87	Kuehne Logistics DEU	10:07.6	16:17.8	50:38
150	Kim Lukosch	F 28	79	Kuehne Logistics DEU	10:22.0	16:41.0	51:50
151	Kim Tulloch Wynn	F 47	173	Lower Canada College	10:22.2	16:41.3	51:51
152	Theresa Urist	F 47	229	Aga Khan Academies	10:22.2	16:41.3	51:51
153	Amy Thompson	F 46	171	I.S. Ho Chi Minh VNM	10:31.0	16:55.4	52:35
154	Mehgan Dorman	F 34	29	Revolution Prep USA	10:31.2	16:55.8	52:36
155	Marlene Fishbein	F 34	38	Revolution Prep USA	10:32.2	16:57.4	52:41
156	Carolyn Ford	F 52	39	Western U. CAN	10:32.2	16:57.4	52:41
157	Lisa Raney	F 38	108	Syracuse U. USA	10:32.4	16:57.7	52:42
158	Krista Despotovic	F 56	187	I.S. of Geneva LGB	10:32.6	16:58.0	52:43
159	Brandy Fransen	F 44	42	Rollins College USA	11:24.8	18:22.0	57:04
160	Ellyn Levin	F 60	71	I.S. of Geneva LGB	11:24.8	18:22.0	57:04
161	Senem Ward	F 42	212	Univ. of Virginia	11:26.2	18:24.3	57:11
162	Alice Schaaf	F 49	117	Transylvania U. USA	11:26.4	18:24.6	57:12
163	Wenqing Chen	F 44	146	Meadowridge School	11:26.6	18:24.9	57:13
164	Li Yan	F 38	190	Beijing Huijia Priva	11:31.8	18:33.3	57:39
165	Lin Larson	F 63	69	U.TexasArlington USA	11:34.0	18:36.8	57:50
166	Rebecca Zeigler Mano	F 54	141	EducationMatters ZWE	11:47.8	18:59.0	58:59
167	Nancy Wang	F 24	183	Shenyang 2 Sino-Cdn	11:48.0	18:59.4	59:00
168	Adrienne Tse	F 25	184	Shenyang 2 Sino-Cdn	12:06.0	19:28.3	1:00:30
169	Anne Payne	F 29	180	I.S. of Latvia	12:06.2	19:28.7	1:00:31
170	Laura Abhorey	F 34	1	Bishop Strachan CAN	12:15.2	19:43.1	1:01:16
171	Eunice Aryee	F 38	5	Temple U. - Japan	12:15.8	19:44.1	1:01:19
172	Carolyn Barr	M 46	8	Leiden U. NLD	12:16.0	19:44.4	1:01:20
173	Evelyn Hidalgo	F 48	56	Colegio Menor ECU	12:16.0	19:44.4	1:01:20
174	Denise Nijhuis	F 29	97	U.C. Roosevelt NLD	12:17.2	19:46.4	1:01:26
175	Rosa Moreno-Zutautas	F 55	94	StMildredLightbr CAN	12:17.8	19:47.3	1:01:29
176	Gloria Chyou Crawford	F 42	164	InitialView	12:18.4	19:48.3	1:01:32
177	Berta Liao	F 41	72	Hsinchu I.S. TWN	12:18.6	19:48.6	1:01:33
178	Anne Richardson	F 58	152	A. S. in London	12:18.8	19:48.9	1:01:34
179	Bridget Herrera	F 61	55	American I.S. Dhaka	12:19.2	19:49.6	1:01:36
180	Ffiona Rees	F 44	110	USC USA	13:20.0	21:27.4	1:06:40

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181	Juan-Camilo Tamayo	M 48	199	JCT4Education	13:20.0	21:27.4	1:06:40

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